

Food Bank

326 Main St. E. Listowel
Wednesday's & Thursday's
10:00-3:00 by appointment,
waiting area open
without registration.

One Evening a month by
appointment only.

519-291-2900

Carolyn.saunders@salvationarmy.ca

HOPE Links

295 Main St. W. Listowel

Access to Laundry, Showers, Food
and Connection

Monday/Wednesday/Thursday

11:00-4:00

226-622-7400

Stephanie.siertsema@salvationarmy.ca



HOPE Eats

Warm, Delicious Meals
available to those in need.

625 Main St. E. Listowel

January to March

Wednesday's 5:00-7:00

(takeout available)

To let us know you are coming

Call: 519-291-3200



Tax Preparation

Tax Assistance available FREE
of charge to those who qualify.

For information please contact
the Food Bank office at

519-291-2900

Supported by: **The City of Stratford**

CONTACT

Food Bank, Harvest of HOPE, OESP, LEAP,
Backpacks,

Food Bank Coordinator

Carolyn Saunders

519-291-2900 call, 226-622-4719 text

Carolyn.saunders@salvationarmy.ca

HOPE Links, HOPE Eats

Outreach Coordinator

Stephanie Siertsema

226-622-7400 call/text

Stephanie.siertsema@salvationarmy.ca

North Perth Sports for Kids, Financial
Donations, Collaboration and Partnership

Community & Family Services Director

Gwyneth Woods

519-291-3200 call

Gwyneth.woods@salvationarmy.ca

Volunteering/General Inquiries

519-291-3200

Wendy Johnstone

Pastor/Executive Director

Wendy.johnstone@salvationarmy.ca

North Perth Sports for Kids

Sports sponsorship available for
local kids and local programs. If
you have a youth who wants to
get active, contact our office for
an application to receive financial
assistance.



OESP

The Ontario Energy Support
Program allows low-income
households to reduce their
regular electricity bill each
month. Contact us to find out
how to apply, or for assistance
with the application process.

LEAP

The Low Income Energy Assis-
tance Program allows individuals
to apply for assistance with en-
ergy arrears or threat of disconnec-
tion. To find out more check out

LEAP Helpline: 1-855-487-5327

Email LEAP@UWSimcoeMuskoka.ca

THE SALVATION ARMY
COMMUNITY & FAMILY SERVICES
LISTOWEL



Find out more
about how we help
Give HOPE Today

HOPE Eats

HOPE Links

HOPE Cares



**Giving
Hope
Today**

Back 2 School

Each year in August we open appli-
cations for assistance with back to
school supplies. Watch for this on
our Facebook Page

Harvest of HOPE

Our Harvest of HOPE Educational
garden is open from spring to fall
and we welcome you to participate
in the many opportunities to learn
and grow together

Christmas Assistance

Each year in November we open
applications for assistance with
Christmas dinner and toys for chil-
dren 14 and under.

Stay Connected Year round by

liking us on **Facebook**

[www.facebook.com/
listowelfamilyservices](http://www.facebook.com/listowelfamilyservices)